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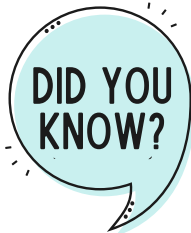
equalityloudoun@



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Spotlight On:

# TRANSGENDER DAY OF VISIBILITY



**DID YOU KNOW?**

Transgender Day of Visibility is honored each year on **March 31st**.

On this day, we celebrate the bravery and authenticity of transgender and gender non-conforming people from all across the world, and we highlight the challenges many still face. Anthropologists have observed gender non-conformity in human populations throughout the world as far as 3,000 years into the past (Uruqart, 2019).

## Why do Trans students need more visibility?

Trans, nonbinary, and genderfluid students face many challenges in school, often more so than their LGB peers. According to a National School Climate Survey conducted by GLSEN (2019):

**42.5%**

of students reported feeling unsafe at school because of their gender expression.

**91.8%**

of students reported hearing negative remarks about their gender expression at school.

**ONLY 9.0%**

of students reported that teachers stepped in when overhearing negative remarks about gender expression.

### AS A RESULT,

these students were more likely to:

- miss school or drop out
- have lower GPAs
- not have plans to attend college
- experience depression



**READ THE FULL REPORT**

## How can I best support my students?

Supportive, affirming school policies and teaching practices can impact transgender and gender non-conforming students in positive ways. However, according to GLSEN, only "50.4% of teachers engaged in at least one LGBTQ-supportive practice" (2019). Here's how you can get started:

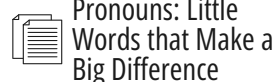
Use students' correct names and pronouns.



GLSEN's Pronouns: A Resource



mypronouns.org



Pronouns: Little Words that Make a Big Difference

Include LGBTQ topics in your curriculum.



Article: "Let's Talk: Discussing Gender in the Classroom"



Research Brief: LGBTQ Supportive Teaching Practices



Ready, Set, Respect! Resources for Elementary School

Advocate for LGBTQ inclusive policies.



Equality Virginia: Advocating for Trans Students



Article: "Being There for Nonbinary Youth"



A Guide for Supporting Transgender Students in K-12 Schools

Sponsor an LGBTQ+ inclusive club.



gsanetwork.org



Time Out Youth: GSA Support

Display visual signs of support for LGBTQ people.



GLSEN Safe Space Kit



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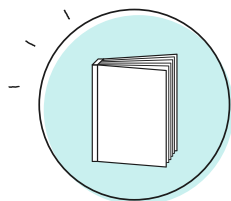
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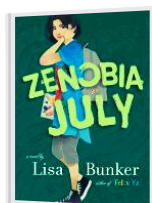
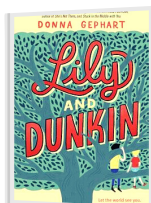
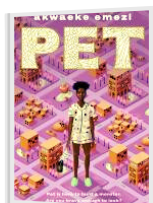
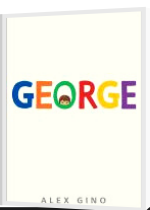
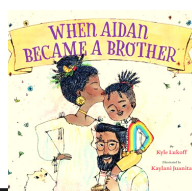
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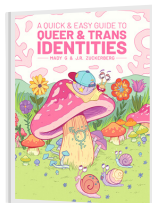
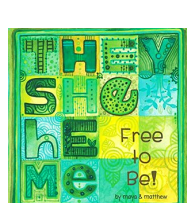
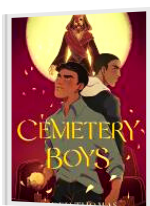
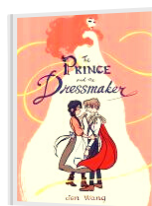
Check out these reading lists to share with your students and staff:

## ELEMENTARY



## MIDDLE

## HIGH



## INFORMATIONAL



Looking for more books? Head over to this amazing list from New York Public Library to find more.

Visit these local organizations for additional support:



## References:

GLSEN. (2019). "The 2019 National School Climate Survey Executive Summary." GLSEN. Retrieved from: [https://www.glsen.org/sites/default/files/2020-10/NSCS-2019-Executive-Summary-English\\_1.pdf](https://www.glsen.org/sites/default/files/2020-10/NSCS-2019-Executive-Summary-English_1.pdf)

Urquhart, I. (2019, October 14). "Exploring the history of gender expression." University of California Link. Retrieved from: [link.ucop.edu/2019/10/14/exploring-the-history-of-gender-expression/](http://link.ucop.edu/2019/10/14/exploring-the-history-of-gender-expression/)