



Patrice Shawhan, QBS Quantum Biofeedback Specialist

helping improve quality of life
through stress and pain management

*"We all search for peace within ourselves-
Quantum Biofeedback can help you find relief from your unique stresses that prevent
your peaceful perfect health balance"*

Patrice Shawhan, Quantum Biofeedback Specialist

Holistic, Gentle, Effective, Non-Invasive

Stress comes from a variety of sources; injuries, trauma, even pressures of everyday life. Poor diet and illness increase physiological effects of stress on your body. The body's natural equilibrium becomes unbalanced, often a contributing factor of pain, and conditions listed below. Quantum Biofeedback will re-train stress patterns bringing your body to a state of relaxation while promoting self healing.

While Patrice educates you on vital information about your unique stress patterns, Quantum Biofeedback will empower you to make lifestyle changes that support overall health and wellbeing, helping you find your healthy natural equilibrium.

Quantum Biofeedback, sometimes called biofeedback training, is used to help manage many physical and mental health issues, including:

Attention Deficit Disorder (ADD)	Addictions	Learning Disabilities
Physical Injuries	Weight Issues/Gain/ Loss	Neuralgia
Chronic Pain	Hormonal Irregularities	Incontinence
Hypertension	Early Aging	Eating Disorder
Headaches	Depression and Anxiety	Infections
Migraines	Brain Fatigue	Chronic Fatigue
Endocrine Disorders	Immune Disorders	Learning Problems

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